

tennis Xpress™

PLAY TENNIS THE EASY WAY

**SLOWER
BALLS...
EASY
GAME**

**SERVE
RALLY
SCORE**
from the
first lesson



Tennis Xpress is an easy, active and fun coaching programme for adults designed to get you playing tennis from the first lesson.

To find out more, go to itftennisxpress.com


PLAY+STAY™
SERVE-RALLY-SCORE
ITF® Official Programme